

Child / Family Resources

- **Children & Teens**
 - Panhandle Enrichment Program-Sandpoint Teen Center
 - 208-263-8744
 - sandpointteencente@yahoo.com
 - Sandpoint Teen Center - Committed to providing a safe, positive, enriching environment where Sandpoint Teens are able to socialize and participate in both supervised and self-directed activities, as well as have the opportunity to contribute to the community.
 - 208-263-8744 (after 2 PM) or 208-263-8744 (after 2 PM)
 - Kinderhaven
 - 208-265-2236
- **Pregnancy**
 - Life Choices Pregnancy Center
 - 208-263-7621
 - www.idahopregnancy.com
 - Unplanned pregnancies – Lutheran Social Services; for meeting schedule, call (208) 667-1898.
- **Adoption**
 - SearchLight – for the adoptee, adoptive and birth parents/families
 - meets the first Thursday of each month, 7 p.m., North Lakes Family Center, 611 Lakeside Ave.; (208) 664-5941.
- **Parenting**
 - Parents Reaching Out to Parents - for parents of kids with disabilities.
 - Meets Wednesdays, 12:30-2:30 at Harding Family Center
 - 411 15th St
 - 769-1409
 - www.props.bz.
 - Parent Support Group – Meets the third Thursday of the month at 6 p.m. Informal meet-and-greet followed by a speaker covering a topic relevant to autism. Childcare is provided, call ahead if childcare is needed. Hosted by Panhandle Autism Society
 - 1322 Sherman Ave., Suite E, Coeur d'Alene.
 - Mothers of Multiples –meets the second Tuesday of the month, 7 p.m., Schneidmiller Conference Room of the Kootenai Health Park
 - 1300 E. Mullan, Post Falls; (208) 666-0699.
 - ICare - Offers an array of best-practice parenting classes including Nurturing Parenting and Nurturing Fathers. These classes are offered at Transitional Housing and in elementary schools around Kootenai County. Additionally we host a fun and engaging parent support group.
 - 208-676-1515, ext. 315
 - www.icareforchildren.org
- **Autism**
 - National Autism Association - 877-622-2884
 - Panhandle Autism Society Support - Dad's Support Group
 - Meets the second Friday of the month at 6:30 p.m. Parent Support Group

- Meets the third Saturday of the month from 9-10:30 a.m.
 - Team Autism - A nonprofit organization whose mission is to create community, to educate, to promote awareness and understanding of autism and its challenges and gifts. Its vision is to:
 - Connect people who care with those that have needs
 - Provide information and resources where none exist
 - Support existing or proposed programs, services, and events
 - Raise funds and promote awareness
 - Promote understanding through education and training.
 - www.teamautism.247.com
 - Autism Speaks - Funds global biomedical research into the causes, prevention, treatments and a possible cure for autism. Conducts public awareness programs about autism and its effects on individuals, families, and society: Autism Speaks aims to bring the autism community together as one strong voice to urge the government and private sector to listen to concerns and take action.
 - www.autismspeaks.org
 - Adult with Asperger's Support Group
 - Meets the third Saturday of the month from 10:30 a.m.-noon.
 - 1323 Sherman Ave., Suite E, Coeur d'Alene.
 - Childcare is provided, please call ahead. (208) 704-3698.
- **SIDS**
 - North Idaho Sudden Infant Death Syndrome Support Group – meets at 6 p.m. on the first Wednesday of each month at Vista Outreach
 - 127 S. Seventh St., St. Maries;
 - Infant Loss Support Group meets at 7 p.m. in same location on the same day; Liz, (208) 582-1879.
- **Breastfeeding**
 - La Leche League of Greater Coeur d'Alene – meets at 10 a.m. the second Wednesday of the month at the Harding Family Center, 411 N. 15th St.; offers mother-to-mother support; Kimberlee, (208) 689-9254; Bonnie, (208) 664-5659; Jolie, (208) 765-4393.
- **Children's Mental Health**
 - Dept. Health and Welfare-Children's Mental Health Services - Services for children with severe emotional disturbance and their families. Provides assessments, referrals and case plans for children under 18 with serious psychological or mental illness exhibiting psychotic symptoms or posing risk to self or others. After 5 call Crisis Line at 1-888-769-1405
 - North Idaho Children's Mental Health - Provides quality therapeutic services for the welfare of our clients and families. Includes developmental therapy, skill building and behavioral management for children diagnosed with a developmental disability. Provides individual and group therapy.
 - 208-265-6798
 - Idaho Regional Children's Mental Health Council Meetings – third Friday of each month, 12:15-2 p.m.
 - Fox Auditorium at Kootenai Health, 2003 Lincoln Way
 - contact Marcey Day (208) 704-3473
 - www.healthandwelfare.idaho.gov.
- **ADD**
 - Attention Deficit/Hyperactivity – meets Mondays, 7-9 p.m.
 - For location, call Dr. Bob, (208) 784-8891.
- **Bereavement**
 - Bereaved Parents of the USA - for bereaved parents and families who have experienced the death of a child

- Meets the third Thursday of the month at 7 p.m. St. Pius X Roman Catholic Church
 - 625 E. Haycraft Road; Kathy
 - (208) 773-5684
 - www.nidbereavedparents.org.
- **Other**
 - Early Head Start - Head Start and Early Head Start programs provide comprehensive child development, health, nutritional, social and other services to economically disadvantaged children and families, with a special focus on assisting children develop skills that will help them be successful in school. Early Head Start was established to serve children from birth to three years of age. Head Start programs engage parents in their children's learning and help them in making progress toward their own educational, literacy and employment goals.
 - 208-263-2569 or 208-255-4899
 - Early Intervention - Early intervention services meet developmental needs of the child and the needs of the family to support the child's development. Based on the unique needs of the child, the Infant Toddler Program (ITP) links skilled professionals with the family. They work as a team to support the child's learning and development. A variety of early intervention services and therapies are available through the ITP. The most commonly used services include speech/language, occupational, physical and developmental therapy, and service coordination.
 - 208-304-0008
 - Department of Health and Welfare Infant Toddler Program - The Idaho Infant Toddler Program provides early intervention services to help families support their infants and toddlers (birth to 36 months) to reach their maximum potential. Early Intervention Services meet developmental needs of the child and needs of the family to support the child's development. The Idaho Infant Toddler Program is organized around multidisciplinary teams of therapists who are experts in helping children learn to talk, move, think, eat and participate more fully in their family's daily activities. If you wish to talk with an early intervention provider in your area, please call Idaho CareLine by dialing 2-1-1.
 - 208-265-4593
 - Department of Health and Welfare Children's Developmental Disabilities - Children's Developmental Disabilities Program services are designed to meet the needs of children 3-18 with developmental disabilities and their families. Services include evaluation, diagnosis, referral, information, guardianships and commitments, service coordination, respite care, and family supports. Also provides therapy, such as: developmental, speech, psychological, physical and occupational, and disseminates information regarding private providers of developmental disability services.
 - 208-665-8975 or 208-265-4593
 - Rainbow Kids - Provide after school support to kids. Provide a warm, safe environment where kids can go after school to get a good snack, their homework done, and a good dinner. Volunteers to assist homework as well as crafts, etc.
 - 208-610-2708
 - National Association for Parents of the Blind - NAPVI is a national membership organization that enables parents to find information and resources for their children who are blind or visually impaired, including those with additional disabilities. NAPVI provides leadership, support, and training to assist parents in helping their children reach their full potential.
 - 800-562-6265
 - Caring Foundation for Children – Dental - 888-589-5437
 - CASA - CASA is a court appointed advocate program to provide trained volunteers for abused, neglected, or abandoned children

- 208-255-7408
- America's Tooth Fairy Dental Program - National Children's Oral Health Foundation: (NCOHF) is dedicated to eliminating children's preventable suffering from pediatric dental disease by providing programs and comprehensive resources to deliver community-based critical preventive, educational and treatment services.
 - 800-559-9838 or 704-350-1600
- All About Kids Occupational Therapy - 208-255-7337
- Youth Crisis and Domestic Violence – Boundary County - Don't live with domestic abuse or violence. Help is available, and it's just a phone call away. The Boundary County Youth Crisis and Domestic Violence Hotline is manned 24 hours every day by caring volunteers trained to help end the cycle of abuse. Temporary shelter for victims of domestic violence. Referral to long-term shelter. Assistance with protection orders. Will handle crisis intervention, suicide prevention as needed. Assistance for all victims of crime.
 - 208-267-3355 or 208-267-5211

**Kaniksu Health Services has provided information on community resources for your convenience. Kaniksu Health Services does not assume any responsibility or liability for any information, services or materials provided by outside organizations.